



Riailtas na hÉireann
Government of Ireland



Có-mhaoinithe ag an
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Crois Dhearg na hÉireann
Irish Red Cross

Irish Red Cross Society: Narrative Exposure Therapy (NET) Therapist

JOB DETAILS

Title: Narrative Exposure Therapy (NET) Therapist

Duration: Fixed Term contract to 30th May 2025 with possibility of extension

Location: Remote work

Salary: €33k - €35k, 21 hours per week

This role is assigned to the Job Family of: Coordinator. The Irish Red Cross has 6 Job Families: Secretary General; Senior Manager; Programme/Project Manager; Coordinator; Development, & Admin; Administration.

Reporting to: NET Clinical Manager.

BACKGROUND INFORMATION

The Irish Red Cross Society (IRC) is part of the world's largest independent humanitarian network, the International Red Cross and Red Crescent Movement. The IRC is committed to and bound by, its Fundamental Principles of Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity and Universality. The vision of the Irish Red Cross is to be a leading humanitarian organisation, providing impartial services and support to vulnerable communities both at home and abroad. Our mission is to identify and deliver humanitarian assistance to those who are most in need. Along with other NET therapists, this role will support the mental health activities of the Irish Red Cross 4AMIF44 Programme.

The project namely 'Mental Health, English Language, Employment Skills and Family Reunification Program' which commenced in March 2024 and ends in June 2027 is being implemented under the Asylum, Migration and Integration Fund 2021 – 2027 and more specifically under its policy objective to contribute to the efficient management of migration flows and to the implementation, strengthening and development of the common policy on asylum and the common immigration policy in accordance with the EU's acquis. Through this Fund and in accordance with Regulation (EU) 2021/1147 the project aims "to strengthen and further develop legal migration to EU Member States in accordance with economic and social needs and support the effective integration and social inclusion of Third Country Nationals (TCNs)." The project targets all third country nationals/displaced persons in Ireland



including migrants, asylum seekers, beneficiaries of international protection (refugee status/subsidiary protection), persons eligible for or beneficiaries of temporary protection status -above 18 years old, in accordance with the Irish Red Cross guiding principles and the horizontal equality and human rights principle required under the Common Provision Regulation. The Project's Mental Health activities aspire to provide displaced persons in Ireland who have experienced trauma access to comprehensive mental health support through the delivery of NET (Narrative Exposure Therapy) to reduce PTSD symptoms.

SUMMARY OF ROLE

The NET Therapist plays a crucial role by providing NET support to English and Arabic speaking displaced persons/TCNs experiencing symptoms of post-traumatic stress. Clients will be identified and services will be provided according to the NET approach and ensuring the highest level of care for individuals in need.

ROLE RESPONSIBILITIES

1. To undergo comprehensive training in Narrative Exposure Therapy approach and techniques
2. To assess the suitability of clients to be supported the NET approach
3. Successfully apply Narrative Exposure Therapy techniques in treating refugees with PTSD symptoms.
4. To participate in regular supervision and clinical group sessions to ensure the quality and effectiveness of NET interventions.
5. To engage in the evaluation and improvement of NET services within the broader mental health support framework for refugees in Ireland.

ROLE REQUIREMENTS

Essential Criteria

- Fluent Arabic speaker
- Fluent English speaker
- Resident in Ireland and has permission to work in Ireland
- Candidate must have completed a master's level clinical training in psychotherapy or psychology and be a fully accredited member of IACP/ ICP/PSI or equivalent body in Ireland or evidence that application process has begun.
- Candidate must demonstrate their ability and willingness to value and work using the NET model.
- Be experienced and cognizant of the differences of in person work to online therapeutic provision.



- **Additional Duties:** Undertake any other reasonable work-related duties and responsibilities assigned by the Clinical Manager that are consistent with the nature of the job and level of responsibility.

Desirable Criteria

- Familiar with and experienced in NET approach

FURTHER INFORMATION

The Irish Red Cross is an equal opportunities employer. We value diversity and aspire to reflect this in our workforce. We welcome applications for people from all sections of the community, irrespective of gender, civil status, family status, sexual orientation, religion, age, disability, race or membership of the Traveller community. This role requires applicants to have the right to work in Ireland.

This is a remote employment role with frequent travel within Ireland related to project activities and regular travel to the Irish Red Cross Head Office in Dublin for project coordination meetings.

The appointment may be subject to Garda Vetting clearance.

APPLICATION PROCESS

To apply for this role, please forward a copy of your CV, together with a cover letter (both in English) setting out how you meet the essential and desirable criteria for this role to: Jobs@redcross.ie

Your email should contain NET Therapist in the subject line. Applications should be in .pdf or MS Word format, and with file names in the following format: <Surname>, <First name> - CV and <Surname>, <First name> - Cover Letter

The closing date for applications is 14th March 2025

Please note that this position may be filled before the closing date for applications if a suitable candidate is found, due to the urgency of the role. Interested applicants are encouraged to submit their applications as soon as possible.



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